

Cineworld Nutritional Information Per Portion or Pack



CANDY KING PICK & MIX SWEETS (PER SWEET)	Portion/Pack size	Energy/ Kilojoules (kJ) (per pack)	Energy/ Calories (kcal) (per pack)	Protein (g) (per pack)	Carbohydrate (g) (per pack)	of which sugars (g) (per pack)	Fat (g) (per pack)	of which saturates (g) (per pack)	Salt equivalent (g) (per pack)
Baby Snakes	28g	390.60	92.12	1.3	21.6	15.4	0.1	0.1	0.03
Berries	5g	73.75	17.35	0.1	4.2	3.6	0.0	0.0	0.00
Birthday Fudge	8g	149.28	35.28	0.0	6.3	5.4	1.0	0.9	0.05
Black and Raspberries	4g	53.20	12.52	0.2	2.9	2.1	0.0	0.0	0.00
Blue Raspberry Bonbons	4.6g	71.30	16.79	0.0	3.7	3.2	0.2	0.2	0.00
Brains	5.4g	73.44	17.28	0.3	4.0	2.8	0.0	0.0	0.00
Bunnies	7g	101.22	23.80	0.0	5.7	3.6	0.0	0.0	0.02
Cherries	9.2g	128.34	30.08	0.5	7.0	5.3	0.0	0.0	0.00
Chocolate Brownie Fudge	8g	147.84	34.96	0.1	6.2	5.5	1.0	0.9	0.05
Chocolate Covered Fudge	13g	221.00	53.30	0.3	9.5	8.5	1.4	0.0	0.00
Chocolate Flavoured Beans	1.6g	30.40	7.20	0.1	1.3	1.3	0.2	0.0	0.00
Cola Bottles	8.4g	112.06	26.38	0.4	6.0	4.4	0.0	0.0	0.00
Crispy Bites	12.2g	221.43	52.46	0.4	8.7	7.3	1.8	1.3	0.00
Dessert Jelly Beans	1.5g	23.91	5.63	0.0	1.4	1.2	0.0	0.0	0.00
Dolly Mixtures	1g	16.17	3.81	0.0	0.9	0.9	0.0	0.0	0.00
Duo Fudge	15.4g	305.23	72.69	0.4	11.0	9.2	3.1	0.0	0.00
Fairytale Mix	4g	55.44	13.04	0.0	3.2	2.1	0.0	0.0	0.00
Fish and Chips	9.2g	201.11	48.02	0.3	6.1	4.8	2.5	2.1	0.00

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Fizzy Bubble Gum Bottles	8.2g	115.62	27.06	0.5	6.2	5.2	0.0	0.0	0.00
Fizzy Cherry Bottles	8.2g	111.44	28.78	0.4	6.1	4.6	0.0	0.0	0.00
Fizzy Cola Bottles	8.2g	111.52	26.32	0.4	6.1	4.6	0.0	0.0	0.00
Fizzy Dummies	10.8g	146.45	34.56	0.5	8.1	6.0	0.0	0.0	0.00
Foam Flowers	7g	96.46	22.68	0.4	5.2	3.9	0.0	0.0	0.01
Fried Eggs	8.6g	113.35	26.66	0.5	6.1	4.3	0.0	0.0	0.00
Fruit Cocktail	7g	96.11	22.61	0.0	5.5	4.6	0.0	0.0	0.02
Giant Cola Bottles	30g	401.10	93.90	1.6	21.3	15.6	0.2	0.2	0.02
Giant Fizzy Cola Bottles	32g	435.20	102.72	1.5	23.7	17.9	0.1	0.1	0.01
Giant Jazzies	6g	120.00	28.80	0.2	4.4	0.0	1.1	0.0	0.00
Giant Snowies	6g	124.80	29.76	0.2	4.3	3.4	1.3	1.1	0.00
Jelly Foam Hearts	8g	114.40	27.20	0.4	6.0	4.9	0.0	0.0	0.00
Jelly Mice	17g	225.93	52.87	0.7	12.2	9.0	0.0	0.0	0.01
Juicy Strawberries	10g	146.50	34.50	0.0	8.5	5.6	0.0	0.0	0.00
Mega Melons	11g	164.67	38.83	0.2	9.1	6.8	0.2	0.1	0.01
Milk Chocolate Raisins	1.6g	29.34	6.99	0.1	1.1	1.0	0.3	0.2	0.00
Milk Chocolate Toffee Chews	1.8g	32.90	7.85	0.1	1.1	0.9	0.4	0.0	0.00
Milk Shake Bottles	7.4g	96.94	23.31	0.4	5.4	4.4	0.0	0.0	0.00
Milk Teeth	8.4g	115.08	26.88	0.5	6.1	4.8	0.0	0.0	0.00
Mini Chocolate Mini Eggs	3.2g	64.32	15.36	0.2	2.3	2.2	0.6	0.4	0.01

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Mini Strawberry Cables	16g	247.36	59.20	0.2	13.1	10.1	0.5	0.5	0.00
Monkey Bananas	11g	240.46	57.42	0.4	7.3	5.8	3.0	2.6	0.03
Orange Bottles	8.4g	124.99	29.65	0.0	7.4	5.4	0.0	0.0	0.00
Partymix	3.3g	46.70	10.99	0.2	2.5	1.6	0.0	0.0	0.00
Pink and White Mice	8g	176.00	42.40	0.3	5.1	4.2	2.3	1.8	0.00
Premium Jelly Beans	1.5g	24.00	5.66	0.0	1.4	1.2	0.0	0.0	0.00
Rainbow Metre	42g	639.24	150.36	1.0	35.3	27.3	0.2	0.1	0.00
Raspberry Jelly	5g	68.35	16.10	0.2	3.8	3.1	0.0	0.0	0.00
Red Metre	59g	826.00	194.70	1.5	44.3	28.3	0.6	0.0	0.53
Smileys	4.8g	68.30	16.18	0.0	4.0	2.9	0.0	0.0	0.01
Sour All-in-Mix	4.5g	64.22	15.12	0.2	3.5	2.8	0.0	0.0	0.00
Sour Cherries	6.6g	93.59	22.04	0.1	5.3	3.6	0.0	0.0	0.00
Sour Dracula Teeth	8g	111.04	26.08	0.0	6.3	3.8	0.0	0.0	0.00
Spinning Tops	9g	193.50	45.90	0.2	6.2	0.0	2.3	0.0	0.00
Strawberry & White Candy Stick	13.8g	223.56	52.44	0.2	11.6	8.8	0.6	0.4	0.00
Strawberry Bonbon	4.6g	76.13	17.94	0.0	4.0	2.9	0.2	0.2	0.00
Strawberry Dreams	5g	71.35	16.80	0.2	4.0	3.2	0.0	0.0	0.00
Strawberry Fudge	15.4g	284.59	67.30	0.2	12.0	10.6	2.0	1.7	0.09
Strawberry Rocketz	18g	291.60	70.20	0.3	15.5	12.1	0.7	0.4	0.00
Stretchy Snake	45g	597.60	148.05	2.4	34.7	24.3	0.1	0.1	0.05

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Sugared Coated Strawberries	12g	177.60	42.00	0.0	10.5	8.0	0.0	0.0	0.02
Sweet Bananas	8.2g	125.46	29.52	0.1	7.3	6.4	0.0	0.0	0.00
Teddy Bears	4g	53.20	12.52	0.2	2.9	2.1	0.0	0.0	0.00
Under the Sea Mix	5.3g	74.36	17.49	0.2	4.1	2.9	0.0	0.0	0.01
Vanilla Fudge	15.4g	273.35	64.68	0.2	11.4	10.5	2.0	1.7	0.00
Watermelon Slices	5.8g	82.36	19.72	0.4	4.5	3.4	0.0	0.0	0.00
Wine Gums	6g	84.48	19.86	0.3	4.6	2.3	0.0	0.0	0.00

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POPCORN (PER PACK)	Portion/Pack size	Energy/ Kilojoules (kJ) (per pack)	Energy/ Calories (kcal) (per pack)	Protein (g) (per pack)	Carbohydrate (g) (per pack)	of which sugars (g) (per pack)	Fat (g) (per pack)	of which saturates (g) (per pack)	Fat (g) (per pack)	Sodium (g) (per pack)	Salt equivalent (g) (per pack)
Small Sweet Popcorn	60g	1218	292.2	4.9	28.5	11.5	15.4	1.2	10.02	0.02	0.06
Regular Sweet Popcorn	123g	2496.9	599.01	10.0	58.4	23.6	31.6	2.5	20.54	0.05	0.12
Large Sweet Popcorn	250g	5075	1217.5	20.3	118.8	48.0	64.3	5.0	41.75	0.10	0.25
Small Salted Popcorn	50g	894.5	213.5	4.9	26.4	0.3	8.3	0.7	7.20	0.30	0.75
Regular Salted Popcorn	100g	1789	427	9.7	52.7	0.7	16.5	1.4	14.40	0.60	1.50
Large Salted Popcorn	190g	3399.1	811.3	18.4	100.1	1.2	31.4	2.7	27.36	1.14	2.85
Munchbox Portion (Sweet)	66g	1339.8	321.42	5.3	31.4	12.7	17.0	1.3	11.02	0.03	0.07
Munchbox Portion (Salted)	55g	983.95	234.85	5.3	29.0	0.4	9.1	0.8	7.92	0.33	0.83

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ROLLOVER NACHOS (PER PORTION)	Portion/Pack size	Energy/ Kilojoules (kJ) (per pack)	Energy/ Calories (kcal) (per pack)	Protein (g) (per pack)	Carbohydrate (g) (per pack)	of which sugars (g) (per pack)	Fat (g) (per pack)	of which saturates (g) (per pack)	Fat (g) (per pack)	Sodium (g) (per pack)	Salt equivalent (g) (per pack)
Regular Nachos (Chips only)	approx 110g portion	2203.3	525.8	6.9	69.3	1.8	23.1	2.8	6.70	0.31	0.77
Large Nachos (Chips only)	approx 165g portion	3304.95	788.7	10.4	104.0	4.2	34.6	4.2	10.00	0.46	1.16
Cheese Nacho Dip Pots	70g	406.7	97.3	2.2	2.9	0.5	8.5	2.2	0.20	0.36	0.91
Salsa Nacho Dip Pots	70g	116.9	28	0.8	5.3	3.9	0.4	0.1	0.91	0.34	0.84
Sour Cream Nacho Dip Pots	70g	521.5	124.6	1.7	3.0	2.5	11.8	7.5	0.00	0.03	0.08
Sliced Jalapeños (Pouch)	approx 40g portion	17.2	4	0.0	1.0	0.2	0.0	0.0	1.44	0.34	N/A
Sliced Jalapeños (Tub)	approx 40g portion	22	5.2	2.8	0.5	0.0	0.0	0.0	N/A	0.74	1.84

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ROLLOVER HOTDOGS (PER PORTION)	Portion/Pack size	Energy/ Kilojoules (kJ) (per pack)	Energy/ Calories (kcal) (per pack)	Protein (g) (per pack)	Carbohydrate (g) (per pack)	of which sugars (g) (per pack)	Fat (g) (per pack)	of which saturates (g) (per pack)	Fat (g) (per pack)	Sodium (g) (per pack)	Salt equivalent (g) (per pack)
Large Hotdog	140g	1629	388	18.9	0.7	0.0	35.0	14.0	0.10	0.80	2.00
Large Hotdog (Halal)	140g	1406	335	20.3	1.4	1.4	28.0	12.6	0.10	1.24	3.10
Regular Hotdog	90g	1055	250	12.2	0.9	0.9	22.5	9.0	0.00	0.52	1.95
Regular Hotdog (Halal)	90g	903	215	13.1	0.9	0.9	18.0	8.1	0.00	0.80	2.00
Regular Hotdog (Veggie)	84g	824	197	19.7	5.0	1.4	10.8	0.7	1.00	0.64	1.60
Baguette	each	1120	267	8.7	53.7	4.7	0.8	0.1	3.21	0.35	0.85
Ketchup	approx 15g	37.4	8.9	0.2	1.9	1.2	0.0	0.0	0.20	0.10	0.30
Mustard	approx 15g	56.4	13.4	0.4	1.5	0.6	0.5	0.1	0.30	0.20	0.50
Crispy Onions	approx 15g	367.5	88.5	0.9	6.0	1.4	6.6	3.2	0.75	0.07	0.18

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Small Pepsi	16oz	772.8	181.8	0.0	50.0	50.0	0.0	0.0	0.00	0.05	0.05
Regular Pepsi	22oz	1062.7	250.0	0.0	68.8	68.8	0.0	0.0	0.00	0.06	0.06
Large Pepsi	32oz	1545.6	363.7	0.0	100.0	100.0	0.0	0.0	0.00	0.09	0.09
Small Diet Pepsi	16oz	13.6	2.7	0.0	0.0	0.0	0.0	0.0	0.00	0.27	0.27
Regular Diet Pepsi	22oz	18.8	3.8	0.0	0.0	0.0	0.0	0.0	0.00	0.38	0.38
Large Diet Pepsi	32oz	27.3	5.5	0.0	0.0	0.0	0.0	0.0	0.00	0.55	0.55
Small Pepsi Max	16oz	9.1	2.3	0.0	0.0	0.0	0.0	0.0	0.00	0.23	0.23
Regular Pepsi Max	22oz	12.5	3.1	0.0	0.0	0.0	0.0	0.0	0.00	0.31	0.31
Large Pepsi Max	32oz	18.2	4.5	0.0	0.0	0.0	0.0	0.0	0.00	0.45	0.45
Small Pepsi Max Cherry	16oz	9.1	2.3	0.5	0.5	0.0	0.0	0.0	0.00	0.14	0.14
Regular Pepsi Max Cherry	22oz	12.5	3.1	0.6	0.6	0.0	0.0	0.0	0.00	0.19	0.19
Large Pepsi Max Cherry	32oz	18.2	4.5	0.9	0.9	0.0	0.0	0.0	0.00	0.27	0.27
Small Tango	16oz	22.7	4.5	0.0	0.0	0.0	0.0	0.0	0.00	0.50	0.50
Regular Tango	22oz	31.3	6.3	0.0	0.0	0.0	0.0	0.0	0.00	0.69	0.69
Large Tango	32oz	45.5	9.1	0.0	0.0	0.0	0.0	0.0	0.00	1.00	1.00
Small 7UP	16oz	40.9	9.1	0.0	0.0	0.0	0.0	0.0	0.00	0.41	0.41
Regular 7UP	22oz	56.3	12.5	0.0	0.0	0.0	0.0	0.0	0.00	0.56	0.56
Large 7UP	32oz	8.2	18.2	0.0	0.0	0.0	0.0	0.0	0.00	0.82	0.82

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Small Robinsons Apple & Blackcurrant	16oz	31.8	9.1	0.0	0.0	0.0	0.0	0.0	0.00	0.09	0.09
Regular Robinsons Apple & Blackcurrant	22oz	43.8	12.5	0.0	0.0	0.0	0.0	0.0	0.00	0.13	0.13
Large Robinsons Apple & Blackcurrant	32oz	63.6	18.2	0.0	0.0	0.0	0.0	0.0	0.00	0.18	0.18
R. Whites Lemonade	1/2 pint	19.9	5.7	0.0	0.0	0.0	0.0	0.0	0.00	0.14	0.14
R. Whites Lemonade	1 pint	39.8	11.4	0.0	0.0	0.0	0.0	0.0	0.00	0.28	0.28

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Information compiled March 2023.

Cineworld Nutritional Information Per Portion or Pack



FROZEN DRINKS (PER PORTION)	Portion/Pack size	Energy/ Kilojoules (kJ) (per pack)	Energy/ Calories (kcal) (per pack)	Protein (g) (per pack)	Carbohydrate (g) (per pack)	of which sugars (g) (per pack)	Fat (g) (per pack)	of which saturates (g) (per pack)	Fat (g) (per pack)	Sodium (g) (per pack)	Salt equivalent (g) (per pack)
Regular Blue Raspberry ICEE Zero Sugar	12oz	134.9	31.95	0.0	7.1	0.0	0.0	0.0	0.00	0.00	0.00
Large Blue Raspberry ICEE Zero Sugar	22oz	247.38	58.59	0.0	13.0	0.0	0.0	0.0	0.00	0.00	0.00
Reusable Cup/Refill Blue Raspberry ICEE Zero Sugar	32oz	359.48	85.14	0.0	18.9	0.0	0.0	0.0	0.00	0.00	0.00
Regular Cherry ICEE Zero Sugar	12oz	134.9	31.95	0.0	7.1	0.0	0.0	0.0	0.00	0.00	0.00
Large Cherry ICEE Zero Sugar	22oz	247.38	58.59	0.0	13.0	0.0	0.0	0.0	0.00	0.00	0.00
Reusable Cup/Refill Cherry ICEE Zero Sugar	32oz	359.48	85.14	0.0	18.9	0.0	0.0	0.0	0.00	0.00	0.00
Regular Vimto ICEE Zero Sugar	12oz	133.125	31.95	0.0	7.3	0.2	0.0	0.0	0.00	0.00	0.00
Large Vimto ICEE Zero Sugar	22oz	244.125	58.59	0.0	13.3	0.3	0.0	0.0	0.00	0.00	0.00
Reusable Cup/Refill Vimto ICEE Zero Sugar	32oz	354.75	85.14	0.0	19.4	0.5	0.0	0.0	0.00	0.00	0.00

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Cineworld Nutritional Information Per Portion or Pack



LAVAZZA HOT DRINKS	Portion/Pack size	Energy/ Kilojoules (kJ) (per pack)	Energy/ Calories (kcal) (per pack)	Protein (g) (per pack)	Carbohydrate (g) (per pack)	of which sugars (g) (per pack)	Fat (g) (per pack)	of which saturates (g) (per pack)	Fat (g) (per pack)	Sodium (g) (per pack)	Salt equivalent (g) (per pack)
Regular Americano with Milk	8oz	124.56	29.36	2.1	4.4	4.4	0.0	0.0	0.00	0.24	0.00
Large Americano with Milk	12oz	186.84	44.04	3.1	6.6	6.6	0.1	0.0	0.00	0.36	0.00
Regular Cappuccino	8oz	124.56	29.36	2.1	4.4	4.4	0.0	0.0	0.00	0.24	0.00
Large Cappuccino	12oz	186.84	44.04	3.1	6.6	6.6	0.1	0.0	0.00	0.36	0.00
Regular Latte	8oz	124.56	29.36	2.1	4.4	4.4	0.0	0.0	0.00	0.24	0.00
Large Latte	12oz	186.84	44.04	3.1	6.6	6.6	0.1	0.0	0.00	0.36	0.00
Regular Mocha	8oz	260.56	61.6	2.5	10.4	9.2	0.8	0.7	0.37	0.30	0.00
Large Mocha	12oz	390.84	92.4	3.7	15.5	13.8	1.2	1.0	0.55	0.44	0.00
Regular Hot Chocolate	8oz	340	80.6	1.0	14.9	12.1	1.9	1.6	0.92	0.14	0.00
Large Hot Chocolate	12oz	442	104.78	1.3	19.4	15.7	2.5	2.1	1.20	0.18	0.00
Everyday Tea Regular	8oz	0	0	0.0	0.0	0.0	0.0	0.0	0.00	0.00	0.00
Everyday Tea Large	12oz	0	0	0.0	0.0	0.0	0.0	0.0	0.00	0.00	0.00
Decaff Everyday Tea Regular	8oz	0	0	0.0	0.0	0.0	0.0	0.0	0.00	0.00	0.00
Decaff Everyday Tea Large	12oz	0	0	0.0	0.0	0.0	0.0	0.0	0.00	0.00	0.00
Lemon & Ginger Tea Regular	8oz	0	0	0.0	0.0	0.0	0.0	0.0	0.00	0.00	0.00

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Lemon & Ginger Tea Large	12oz	0	0	0.0	0.0	0.0	0.0	0.0	0.00	0.00	0.00
Wild Berry Tea Regular	8oz	0	0	0.0	0.0	0.0	0.0	0.0	0.00	0.00	0.00
Wild Berry Tea Large	12oz	0	0	0.0	0.0	0.0	0.0	0.0	0.00	0.00	0.00
Green Tea Regular	8oz	0	0	0.0	0.0	0.0	0.0	0.0	0.00	0.00	0.00
Green Tea Large	12oz	0	0	0.0	0.0	0.0	0.0	0.0	0.00	0.00	0.00
Peppermint Tea Regular	8oz	0	0	0.0	0.0	0.0	0.0	0.0	0.00	0.00	0.00
Peppermint Tea Large	12oz	0	0	0.0	0.0	0.0	0.0	0.0	0.00	0.00	0.00
Chamomile Tea Regular	8oz	0	0	0.0	0.0	0.0	0.0	0.0	0.00	0.00	0.00
Chamomile Tea Large	12oz	0	0	0.0	0.0	0.0	0.0	0.0	0.00	0.00	0.00
Earl Grey Tea Regular	8oz	0	0	0.0	0.0	0.0	0.0	0.0	0.00	0.00	0.00
Earl Grey Tea Large	12oz	0	0	0.0	0.0	0.0	0.0	0.0	0.00	0.00	0.00

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Cineworld Nutritional Information Per Portion or Pack



BASKIN ROBBINS SCOOPED ICE CREAM	Portion/Pack size	Energy/ Kilojoules (kJ) (per pack)	Energy/ Calories (kcal) (per pack)	Protein (g) (per pack)	Carbohydrate (g) (per pack)	of which sugars (g) (per pack)	Fat (g) (per pack)	of which saturates (g) (per pack)	Fat (g) (per pack)	Sodium (g) (per pack)	Salt equivalent (g) (per pack)
America's Birthday Cake	112g	1062	253	3.4	32.0	27.3	12.4	6.7	0.20	0.08	0.19
Apple Cinnamon Pie	112g	1122	269	3.8	30.2	23.1	14.7	9.4	0.30	0.10	0.25
Banana Caramel	112g	1021	244	3.7	27.8	23.9	13.2	8.4	0.67	0.09	0.24
Banana 'N Strawberry	112g	922	220	3.1	28.3	24.0	10.4	6.5	0.60	0.07	0.17
Berry Mixed Up	112g	821	195	1.7	35.3	30.9	4.9	3.2	1.20	0.00	0.00
Black Forest Gateaux	112g	1101	263	3.8	34.5	28.6	12.1	7.7	0.39	0.09	0.23
Blueberry Muffin	112g	955	228	3.6	28.0	22.3	11.3	7.1	0.28	0.04	0.12
Bubblegum Candyland	112g	1057	253	4.0	30.2	29.6	12.9	8.1	0.20	n/a	0.19
Burnt Caramel Crunch	112g	1198	287	3.9	33.0	24.8	15.5	9.9	0.43	0.08	0.20
Buttercream Cupcake	112g	1098	262	3.6	33.4	26.4	12.3	7.7	0.34	0.07	0.14
Caramel Cappuccino Cheesecake	112g	1207	289	4.4	30.8	28.8	16.5	10.3	0.29	0.15	0.36
Caramel Fig Cheesecake	112g	1212	290	4.5	32.8	24.9	15.7	9.9	0.40	0.13	0.32
Caramel Honeycomb Candy	112g	1108	264	3.1	32.1	30.4	13.8	11.0	0.13	0.07	0.17
Caramel Praline Cheesecake	112g	300	1253	4.3	31.1	29.1	17.6	9.3	0.56	n/a	0.29

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Cherries Jubilee	112g	1035	246	3.4	32.3	28.0	11.5	7.3	0.32	0.07	0.17
Chocolate Caramel Sweethearts	112g	1254	300	4.1	36.7	33.7	15.1	9.6	0.76	0.22	0.63
Chocolate	112g	1043	249	3.7	30.6	28.4	13.1	10.6	1.50	0.07	0.17
Chocolate Chip	112g	1094	262	3.6	27.6	26.5	15.6	12.4	0.81	0.06	0.14
Chocolate Chip Cookie Dough	112g	1198	297	4.3	33.3	25.4	15.1	9.4	0.54	0.12	0.31
Chocolate Chocolate Chip Cheesecake	112g	1256	300	5.3	32.7	30.1	16.5	10.0	1.20	0.12	0.30
Chocolate Hazelnut Chunk	112g	1165	278	4.0	36.0	26.0	12.0	7.3	1.10	0.04	0.10
Chocolate Mousse Royale	112g	1193	284	4.1	33.8	29.5	15.9	10.3	2.40	0.09	0.22
Chocolate Orange Scoopsensation	112g	1212	289	4.5	38.4	31.1	13.1	7.8	0.60	0.07	0.18
Chocolate Strawberry Ganache	112g	1079	258	4.1	33.4	28.6	11.9	7.4	0.72	0.05	0.12
Coconut	112g	1040	249	3.8	27.0	23.2	14.0	9.1	0.16	0.08	0.20
Coconut Chocolate Bar	112g	1155	276	4.4	32.4	28.0	14.3	9.1	0.76	n/a	0.28
Coconut Takes The Cake	112g	1057	252	4.1	31.7	24.4	12.1	7.5	0.28	0.06	0.13
Coffee Coffee Chip	112g	1105	264	4.3	28.0	28.0	15.0	9.1	0.30	0.08	0.20

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Cookies 'N Caramel	112g	1117	267	2.7	35.7	27.0	12.5	8.0	0.55	0.56	1.57
Cookies 'N Cream	112g	1141	273	3.6	31.5	27.6	14.9	12.3	0.56	0.11	0.28
Cookies 'N Cream Cheesecake	112g	1203	287	5.0	36.4	26.5	13.4	8.4	0.53	0.11	0.31
Cotton Candy	112g	991	237	3.4	25.2	25.1	13.8	11.5	0.18	0.06	0.14
Crème Bruleè	112g	1111	265	3.5	36.8	34.2	11.5	7.2	0.13	0.10	0.25
English Toffee	112g	1154	276	3.7	32.5	28.8	14.6	9.1	0.35	0.07	0.17
Football Fever	112g	786	188	3.7	19.4	16.1	10.6	6.6	0.11	0.11	0.22
Gold Medal Ribbon	112g	1092	261	3.5	29.9	28.6	14.3	11.3	0.52	0.06	0.14
Gourmet Raspberry Ripple	112g	1081	259	3.7	31.5	26.3	13.1	8.0	0.96	0.04	0.12
Honey Honeycomb	112g	1102	263	3.1	34.7	33.4	12.4	7.5	0.27	0.07	0.18
Jamoca	112g	1026	245	3.5	27.7	27.4	13.4	11.3	0.18	0.07	0.17
Jamoca Almond Fudge	112g	1108	265	3.5	29.8	27.2	15.5	9.5	1.80	0.04	0.11
Lemon Mascarpone	112g	1091	260	3.9	33.2	29.1	12.4	7.5	0.39	0.10	0.25
Lemon Poppy Cake	112g	991	236	3.1	31.3	26.2	11.0	6.7	0.24	0.07	0.16
Love Potion #31	112g	1107	264	4.3	31.6	29.2	13.4	8.0	0.90	0.08	0.19
Love For Chocolate	112g	1152	276	4.8	27.8	22.3	16.2	10.0	0.68	0.06	0.13
Mandarin Orange Cheesecake	112g	1195	286	4.7	34.9	28.0	14.0	8.4	0.41	0.12	0.29
Mango Coconapple	112g	759	180	2.2	29.8	22.5	5.8	3.6	0.31	0.03	0.07
Mango Tango	112g	732	175	2.7	18.8	15.0	9.9	5.8	0.22	0.11	0.11

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Maple Toffee Explosion	112g	1208	289	4.0	33.6	25.9	15.7	8.7	0.46	0.08	0.21
Mint Chocolate Chip	112g	1079	259	4.1	25.4	21.2	15.6	9.9	0.80	0.08	0.20
Mississippi Mud	112g	1127	269	3.8	33.9	27.9	13.1	8.3	2.10	0.08	0.20
Nutty Coconut	112g	1244	299	5.2	25.0	8.8	19.7	8.8	1.50	0.07	0.17
Nutty Cream Cheese Brownie	112g	1247	298	4.1	33.3	28.1	16.6	8.5	2.00	0.07	0.17
Nutty Salted Caramel	112g	1193	284	4.1	34.7	32.7	14.4	8.8	0.40	0.15	0.35
Peaches 'N Cream	112g	959	228	3.1	30.8	25.0	10.1	6.6	1.34	0.02	0.04
Pistachio Almond	112g	1174	281	5.9	22.4	18.5	18.7	8.4	1.70	0.08	0.20
Pralines Love Cookies	112g	1264	302	4.0	36.9	33.3	15.3	9.0	0.83	0.13	0.34
Pralines 'N Cream	112g	1180	282	3.5	31.7	30.9	15.9	11.0	0.45	0.07	0.17
Raspberry Royale	112g	1014	242	3.8	30.0	15.9	12.3	7.4	0.71	0.06	0.12
Rocky Road (Vegetarian)	112g	1052	251	4.4	29.2	27.7	13.0	7.6	0.63	0.06	0.13
Rum Raisin	112g	1001	239	3.6	29.3	25.6	11.9	7.5	0.43	0.07	0.18
Salted Cookie Dough Fudge	112g	1122	268	4.0	33.7	24.9	12.9	7.6	0.67	0.04	0.11
Salted Chocolate Truffle Crunch	112g	1138	271	4.0	35.8	33.7	12.3	7.3	0.90	0.13	0.31
Salted Honey	112g	1328	318	5.5	32.9	28.8	18.3	7.5	0.83	0.12	0.31

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Sea Salt Caramel Espresso	112g	1182	282	4.1	29.7	28.7	16.4	9.6	0.30	0.12	0.30
Seriously Hazelnut	112g	1113	267	4.8	31.4	25.0	16.0	7.8	0.59	n/a	0.19
Strawberry Cheesecake	112g	1203	288	4.7	34.4	28.4	14.6	8.6	0.48	0.13	0.25
Strawberry Rose	112g	996	237	3.7	29.2	24.0	11.8	7.3	0.15	0.04	0.12
Strawberry Sorbet 'N Cream	112g	762	181	2.5	29.0	23.5	6.2	3.8	0.45	0.03	0.07
Sumatra Coffee Toffee	112g	1040	249	3.8	31.7	28.2	11.9	7.3	0.34	0.08	0.19
Tiramisu	112g	1147	274	3.9	31.4	29.9	14.8	8.0	0.64	0.10	0.24
Toasted Coconut Crunch	112g	1169	280	5.0	28.8	24.8	16.1	8.2	1.57	0.09	0.22
Vanilla	112g	988	236	4.0	24.2	19.9	13.8	8.7	0.18	0.08	0.20
Waffle Cone Crunch	112g	1110	265	4.1	32.8	25.9	13.0	8.1	0.40	0.06	0.15
Very Berry Strawberry	112g	980	234	3.6	29.5	25.0	11.3	7.2	0.24	0.07	0.17
Winter White Cherry	112g	1101	262	3.4	37.6	29.7	10.9	6.7	0.49	0.04	0.11
World Class Chocolate	112g	1079	259	3.8	28.0	22.0	14.7	9.2	0.90	0.04	0.11

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BASKIN ROBBINS SCOOPED ICE CREAM – LIGHTER SIDE	Portion/Pack size	Energy/ Kilojoules (kJ) (per pack)	Energy/ Calories (kcal) (per pack)	Protein (g) (per pack)	Carbohydrate (g) (per pack)	of which sugars (g) (per pack)	Fat (g) (per pack)	of which saturates (g) (per pack)	Fat (g) (per pack)	Sodium (g) (per pack)	Salt equivalent (g) (per pack)
NSA Belgian Brownie Ripple Sundae	112g	921	218	5.9	30.7	6.3	8.1	4.5	1.60	0.10	0.26
NSA Butter Almond Crunch	112g	850	203	6.3	27.4	8.4	7.5	2.1	4.50	0.09	0.21
Crimson Passion Sorbet	112g	570	134	1.5	31.9	31.9	0.0	0.0	0.45	0.00	0.01
Lemon Sorbet	112g	533	125	0.1	31.2	24.4	0.0	0.0	0.65	0.00	0.01
Mango Sorbet	112g	556	131	0.2	32.1	25.4	0.1	0.0	0.74	0.00	0.01
Poppin' Cherry Lime	112g	652	153	1.2	36.1	32.0	0.5	0.3	0.45	0.01	0.02
Blue Raspberry Sherbet	112g	605	143	1.2	29.9	23.3	2.0	1.2	0.81	0.02	0.06
Rainbow Sherbet	112g	619	147	1.2	30.8	30.2	2.0	1.1	0.52	0.02	0.04
Strawberry Lemonade Sorbet	112g	557	131	1.2	31.5	31.2	0.0	0.0	0.63	0.00	0.01
Wild 'N Reckless Sherbet	112g	640	151	2.5	30.6	23.4	2.1	1.3	0.45	0.01	0.04
Frozen Low Fat Yoghurt	112g	648	153	5.5	28.0	28.0	2.1	1.3	0.11	0.10	0.25

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TOPPINGS	Portion/Pack size	Energy/ Kilojoules (kJ) (per pack)	Energy/ Calories (kcal) (per pack)	Protein (g) (per pack)	Carbohydrate (g) (per pack)	of which sugars (g) (per pack)	Fat (g) (per pack)	of which saturates (g) (per pack)	Fat (g) (per pack)	Sodium (g) (per pack)	Salt equivalent (g) (per pack)
Arla Aerosol Cream	Per100g	1406	336	2.1	6.8	6.4	33.0	23.0	0.00	1.00	0.00
Hot Fudge Topping (Can Include Simple Syrup)	Per100g	1812	423	2.1	52.7	53.9	22.6	9.1	1.68	152.90	0.15
Butterscotch Topping	Per100g	1415	333	0.0	79.9	57.0	1.5	1.0	0.10	0.10	0.26
Opie Red Cocktail Cherries	Per100g	848	200	0.2	48.0	48.0	0.5	0.2	0.50	0.02	0.05
Almonds – Roasted Nibbed	Per100g	2534	612	21.1	6.9	4.2	55.8	4.7	7.40	0.01	0.00
Mini Vegetarian Mallows	Per100g	1455	342	0.5	84.0	72.0	0.5	0.1	0.00		0.22
Sugar Strands	Per100g	1777	420	0.2	93.0	90.8	5.2	2.6	0.10		
Diced Caramel	Per100g	1670	396	1.8	71.1	60.1	11.7	8.9	0.00		0.20
Milk Chocolate Eggs (Natural)	Per100g	2212	527		60.1	60.1	29.5	15.1			
Milk Chocolate Beans	Per100g	1923	455	3.3	79.4	69.4	14.3	8.5	1.30		0.15
Rowntrees Jelly Tots	Per100g	1474	347	0.1	86.4	59.0	0.1	0.1			0.44
Aero Bubbles Pouch Bags	Per100g	2248	538	4.8	62.2	61.8	29.7	18.2	0.80		0.28
Smarties Pouch Bags	Per100g	1941	462	4.8	68.8	63.4	18.4	10.5	0.90		0.15

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BASKIN ROBBINS – CONES & SYRUPS	Portion/Pack size	Energy/ Kilojoules (kJ) (per pack)	Energy/ Calories (kcal) (per pack)	Protein (g) (per pack)	Carbohydrate (g) (per pack)	of which sugars (g) (per pack)	Fat (g) (per pack)	of which saturates (g) (per pack)	Fat (g) (per pack)	Sodium (g) (per pack)	Salt equivalent (g) (per pack)
Simple Syrup	Per 100g	1184	279	0.0	69.6	62.5	0.0	0.0	0.00	1.65	0.00
Waffle Cones	Per 100g	1716	406	6.0	83.7	33.6	4.6	1.3	2.70	0.11	0.30
Sugar Cones	Per 100g	1727	408	6.4	84.3	34.2	4.4	2.1	2.90		0.75
Cake Cones	Per 100g	1585	375	8.1	73.8	6.0	4.4	1.0	3.70	0.14	0.40
BASKIN ROBBINS – BAKERY ITEMS											
Triple Chocolate Brownies	Per 100g	n/a	420	5.0	47.0	31.0	25.0	10.0	3.00	0.25	
Chocolate Molten Cake	Per 100g	n/a	370	5.0	38.0	25.0	22.0	13.0	2.00	0.25	
Toffee Crunch Manifesto™ Blondie	Per 100g	n/a	440	5.0	57.0	38.0	22.0	12.0	1.00	0.44	
Belgian Waffles	Per 100g	1811	433	5.7	51.4	21.4	22.3	11.2	1.90	0.40	0.85
Rockslide Brownie	Per 100g	n/a	440	4.0	45.0	33.0	27.0	12.0	2.00	0.16	
Chocolate Chunk Cookie	Per 100g		460	6.0	57.0	33.0	24.0	15.0	2.00	0.51	
Salted Caramel Cookie	Per 100g		450	4.0	61.0	38.0	21.0	14.0	1.00	0.65	

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